



## North Sentral Kossuth Middle School Sentral Elementary

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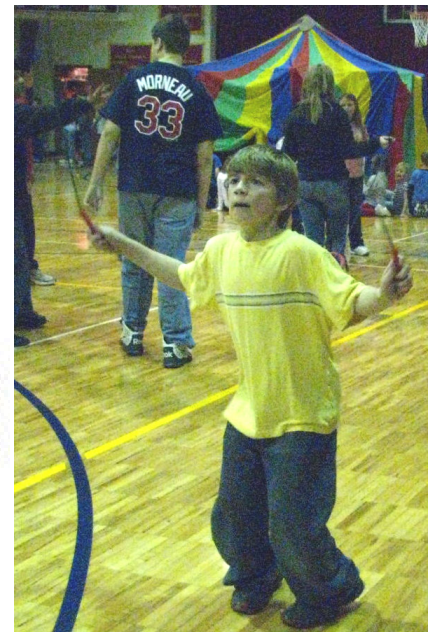
# EAGLE COUNTRY

February 2012

## Jump Rope for Heart set for Feb. 14

Students at Sentral Elementary and NSK Middle School are jumping at the chance to fight heart disease and stroke, our nation's No. 1 and No. 3 killers. On February 14, NSK Middle School will host its annual Jump Rope For Heart event to raise money for the American Heart Association, which funds lifesaving heart and stroke research and community and educational programs for our youth.

Jump Rope For Heart teaches students how physical fitness benefits the heart and shows them that volunteering can be a fun and positive experience for the whole community. The need to educate children about the importance of physical activity couldn't be timelier. According to recent studies, about one-third of children ages 2 to 19 are overweight and obese.



## KINDERGARTEN ROUNDUP

If you are a parent of a child or know of a child who will be five by September 15, 2012, please notify Sentral School by calling 515-889-2261.



Parents who have notified the school will receive a letter concerning details of the kindergarten roundup meeting when the details have been finalized.

Please contact the school if you have any questions.



It seems like only yesterday that we began the whole grade sharing agreement with North Kossuth. Now the Sentral, Armstrong-Ringsted and North Kossuth Boards of Education have all passed an agreement that includes all three districts in a whole grade sharing arrangement.

Sentral will house Pre-K through 5<sup>th</sup> grade students from the Armstrong-Ringsted and Sentral districts, Armstrong-Ringsted will house the high school students and North Kossuth will house their own Pre-K through 5<sup>th</sup> grade and the 6<sup>th</sup> through 8<sup>th</sup> grades from all three districts.

Administrators from all three districts have met to discuss personnel needs. Sentral will need several additional elementary teachers.

Several current middle school teachers have the proper certification to teach at the elementary level and contractually would be able to fill some of the needed positions if they so choose. By law, additional elementary positions would need to be filled by interested Armstrong-Ringsted elementary teachers who may be terminated due to the whole grade sharing.

Section 280.15 of the Iowa Code states, "If a district that has entered into a whole grade sharing agreement determines that a need exists to hire additional employees because of the whole grade sharing agreement, the district shall determine the nature and number of the necessary new positions. The district terminating employees as a result of a whole grade sharing agreement shall notify any other district, which is a party to the agreement, of the names and addresses of those terminated. Individuals who were employed by a district that entered into a whole grade sharing agreement and who were terminated as a result of the agreement shall be notified that the new positions exist and that they may apply for the new positions. The board shall offer the new position to an applicant from among those who were terminated as a result of the agreement if the applicant is licensed for the new position or, in the case of unlicensed personnel, is otherwise qualified. If two or more individuals from among those terminated as a result of the agreement apply for a single position, the applicant who is best qualified in the opinion of the board shall be offered the new position. However, the board is not required to offer a new position to applicants who were among those who were terminated as a result of the agreement beyond two school years. An employee who accrued benefits before a whole grade sharing agreement resulted in the employee's termination shall not, as a result of reemployment under this section, forfeit accrued vacation, accrued sick leave, longevity, completion of probationary status as defined by section 279.19, or salary or placement on a salary schedule based upon the employee's years of experience.

It is expected that there will be many questions and plans are now being made to hold an open house to allow interested Armstrong-Ringsted parents tour the building, meet current teachers and ask questions they might have. Notice will go out as those plans and the dates are finalized.

Until then, if anyone has any questions please feel free to contact me.

The following was originally printed Friday, January 13, 2012 in the Storm Lake Pilot Tribune.

### **Monsanto Fund offering \$10k and \$25k grants to rural school districts**

Statistics show that the U.S. ranks only 25<sup>th</sup> in math scores and 21<sup>st</sup> in science compared to 30 industrialized nations. These facts show that education is strongly in need of support. To help, Monsanto Fund, the philanthropic arm of Monsanto Company, is launching America's Farmers Grow Rural Education to aid rural school districts by providing \$10,000 and \$25,000 grants in 1,245 counties across 39 states.

"We believe our rural communities are the heart of America," said Deborah Patterson, Monsanto Fund president. "We want to help strengthen local communities and education systems, especially in the areas of science and/or math. A strong science and math education helps build a foundation for many careers in agriculture, but also will help our students to be more competitive with those in larger cities and other nations."

America's Farmers Grow Rural Education gives farmers the opportunity to nominate a public school

district in their rural community to compete for a grant. Nominated school district administrators can then submit an application for either a \$10,000 or \$25,000 grant to support a science and/or math educational program by April 30, 2012. School districts that apply for a \$10,000 grant will compete against other school districts that are located in the USDA-appointed Crop Reporting District (CRD); except that CRDs with fewer than five eligible school districts will compete against each other for a single grant. A school district that applies for a \$25,000 grant will compete against schools that are located in its state or designated region.

The Monsanto Fund will award 199 grants this year. There will be 177 \$10,000 grants and 22 grants of \$25,000 awarded. Visit [growruraleducation.com](http://growruraleducation.com) to see a complete list of eligible states and regions. Overall, the Monsanto Fund will donate more than \$2.3 million to school districts in 39 states through this program.

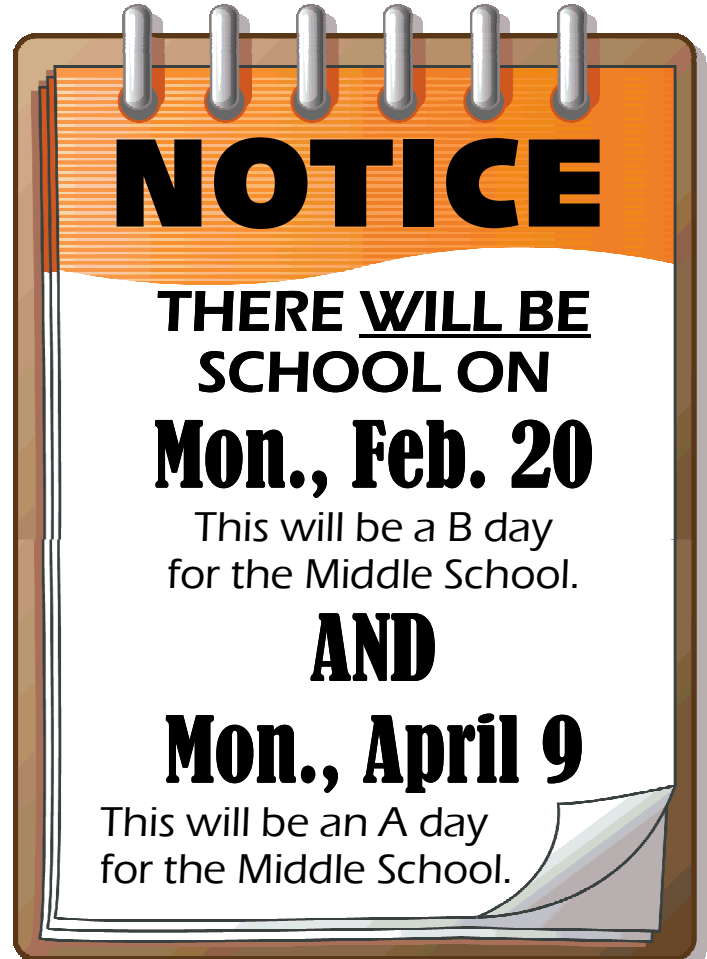
Grants will be awarded based on merit, need and community support. The America's Farmers Grow Rural Education Advisory Council will select the winning grant application. This group is made up of 26 farmer leaders from across the country, who are passionate about both farming and rural education. The council members, from across the country, are actively engaged in their local communities through various leadership positions, such as a member of the local School Board, an active Farm Bureau leader or a member of an educational organization or committee within various organizations. The council is responsible for reviewing the top grant applications to select the winning school. These individuals are passionate about both agriculture and education, which is essential when choosing the best grant. The America's Farmers Grow Rural Education program is part of a broad commitment by Monsanto Fund to highlight the important contributions farmers make every day to our society by helping them grow their youth. Visit [www.growruraleducation.com](http://www.growruraleducation.com) for additional information and to view a complete list of winning school districts.

## New school nurse



Amber Henderson  
School Nurse

Amber has been the nurse at Armstrong Ringsted School for four years. She graduated from Iowa Lakes Community College in 1999 with her Associate Degree in Nursing. She lives in Armstrong with her husband Jason. Jason works at GKN in Armstrong. They have two children, Lily and Drew. Lily is 8 and in second grade, and Drew is 4 and will be in preschool this fall. Amber is looking forward to working with the staff and students at Sentral.



# NORTH SENTRAL KOSSUTH CALENDAR OF EVENTS

# February 2012

| Sun  | Mon  | Tue   | Wed   | Thu  | Fri   | Sat  |
|--|--|---|---|--|---|--|
|  |  |   | 1<br>ITBS-ITED Testing continues for all students grades 2-11 | 2<br><b>Groundhog Day</b><br>4:00-MS G BB vs. E'burg @ Emmetsburg  | 3<br>4:15-8th G BB vs. Seton at Seton<br>5:00-JV G/V G/B BB vs. WBM @ Sentral<br>PINK OUT Night for Cancer Meal/Auction | 4<br>State Large Group Speech Contest<br>TBD-Wrestling Sectionals<br>MS Quiz Bowl @ Armstrong  |
| 5<br>4:00-MS G BB vs. WBM @ Gilmore City<br>4:00-JV G/B BB vs. Humboldt @ Sentral<br>6:30-V G/B BB vs. Humboldt @ Sentral<br>4:30-2-FFA Pulled Pork Meal @ Sentral cafeteria | 6<br>4:00-MS G BB vs. WBM @ Gilmore City<br>4:00-JV G/B BB vs. Humboldt @ Sentral<br>6:30-V G/B BB vs. Humboldt @ Sentral<br>4:30-2-FFA Pulled Pork Meal @ Sentral cafeteria | 7<br><b>1:00-DISMISSAL</b><br>Teacher Inservice<br>TBD-Regional Dual Team Wrestling | 8<br>3rd Qtr Midterm<br>8:20- ILCC Talent Search @ Sentral    | 9  | 10<br>2:00-3:00-NK Elem "Bring Someone You Love", NSK gym, SC   | 11<br>ACT Testing<br>Conference Quiz Bowl Competition @ NSK HS<br>TBD-Wrestling Districts<br>7:00-2A Girls Reg. BB-NSKAR vs. E'burg @ E'burg |
| 12<br><b>Lincoln's Birthday</b>  | 13<br>G/B Track Begins<br>7:00-2A Boys Dist. BB NSKAR vs. ELC @ Estherville  | 14<br><b>Valentine's Day</b><br>7:00-2A Reg. Girls BB @ Estherville                 | 15<br>State Wrestling, Des Moines, Feb. 15-18                 | 16   | 17<br>MS Concert Band<br>Clinic @ Ft. Dodge All Day<br>7:00-2A Girls Reg. BB @ Algona                                   | 18<br>MS Quiz Bowl Tour. At Bishop Garrigan  |
| 19<br>BPA State Leadership Conf. Des Moines, Feb. 19-21  | 20<br><b>President's Day-School in Session</b><br>6:30-NK School Board, Supt. Ofc, SC<br>7:00-2A Reg. Girls BB Final @ Algona  | 21  | 22<br><b>Ash Wednesday Washington's B-day</b>                 | 23   | 24  | 25<br>Individual District Speech Contest<br>TBD-State Dual Team Wrestling Tour.  |
| 26   | 27<br>Girls State BB Week<br>5th/6th Honor Choir @ Mason City  | 28  | 29<br><b>Leap Day</b>   | <b>ATTENTION:</b> Be sure to check the school website at <a href="http://www.nsk.k12.ia.us">www.nsk.k12.ia.us</a> for the most current school activities and athletics. Click on Activities Calendar and follow the steps in the article displayed on the front page of the website. |   |  |

# 2012 February Sentral Building Lunch Menu

|   |   |  |   |   |  |  |  |   |   |             |             |           |           |           |
|---|---|--|---|---|--|--|--|---|---|-------------|-------------|-----------|-----------|-----------|
| <p><b>Breakfast</b><br/>Breakfast<br/>Pizza<br/>Fruit<br/>Juice<br/>Milk</p>          | <p><b>Lunch</b><br/>Chicken Panini<br/>French Fries<br/>Peas<br/>Pears<br/>Milk</p>   | <p><b>Breakfast</b><br/>Donuts<br/>Cereal<br/>Fruit<br/>Juice<br/>Milk</p>   | <p><b>Lunch</b><br/>Taco Frito with<br/>Meat, Chips,<br/>Cheese, Lettuce,<br/>Salsa, Sour Cream<br/>Corn<br/>Pineapple<br/>Milk</p> | <p><b>Breakfast</b><br/>Pancake on<br/>A Stick<br/>Fruit<br/>Juice<br/>Milk</p> | <p><b>Lunch</b><br/>Tator Tot Hotdish<br/>Peaches<br/>Cottage Cheese<br/>Milk</p>                            | <p><b>Breakfast</b><br/>Omelet<br/>Toast<br/>Fruit<br/>Juice<br/>Milk</p>    | <p><b>Lunch</b><br/>Steak Nuggets<br/>French Fries<br/>Green Beans<br/>Mandarin Oranges<br/>Milk</p>       | <p><b>Breakfast</b><br/>Breakfast<br/>Wrap<br/>Fruit<br/>Juice<br/>Milk</p>                     | <p><b>Lunch</b><br/>Cheeseburger on Bun<br/>Au Gratin Potatoes<br/>Carrots<br/>Apple Slices with<br/>Dip<br/>Milk</p> | <p>1/30</p> | <p>1/31</p> | <p>1</p>  | <p>2</p>  | <p>3</p>  |
| <p><b>Breakfast</b><br/>Coffeecake<br/>Cereal<br/>Fruit<br/>Juice<br/>Milk</p>        | <p><b>Lunch</b><br/>Chicken Nuggets<br/>Rice<br/>Green Beans<br/>Pears<br/>Milk</p>   | <p><b>Breakfast</b><br/>Donut<br/>Cereal<br/>Fruit<br/>Juice<br/>Milk</p>    | <p><b>Lunch</b><br/>Spaghetti with<br/>Meat Sauce<br/>Lettuce Salad<br/>Corn<br/>Tropical Fruit<br/>Milk</p>                        | <p><b>Breakfast</b><br/>Mini Pancakes<br/>Fruit<br/>Juice<br/>Milk</p>          | <p><b>Lunch</b><br/>BBQ Pork on Bun<br/>Coleslaw<br/>Peas<br/>Orange Smiles<br/>Milk</p>                     | <p><b>Breakfast</b><br/>Cereal<br/>Toast<br/>Fruit<br/>Juice<br/>Milk</p>    | <p><b>Lunch</b><br/>Creamed Chicken<br/>on Biscuits<br/>Carrots<br/>Peaches<br/>Milk</p>                   | <p><b>Breakfast</b><br/>Biscuits &amp;<br/>Gravy or<br/>Cereal<br/>Fruit<br/>Juice<br/>Milk</p> | <p><b>Lunch</b><br/>Pizza<br/>Cuban Vegetable<br/>Salad<br/>Pineapple<br/>Milk</p>                                    | <p>6</p>    | <p>7</p>    | <p>8</p>  | <p>9</p>  | <p>10</p> |
| <p><b>Breakfast</b><br/>Scrambled<br/>Eggs<br/>Toast<br/>Fruit<br/>Juice<br/>Milk</p> | <p><b>Lunch</b><br/>Hamburger Gravy<br/>Mashed Potatoes<br/>Green Beans<br/>Butter Sandwich<br/>Tropical Fruit<br/>Milk</p> | <p><b>Breakfast</b><br/>Cinnabun<br/>Cereal<br/>Fruit<br/>Juice<br/>Milk</p> | <p><b>Lunch</b><br/>Chili<br/>Crackers<br/>Vegetables/Dip<br/>Rosy Applesauce<br/>Milk</p>  | <p><b>Breakfast</b><br/>French<br/>Toast<br/>Fruit<br/>Juice<br/>Milk</p>       | <p><b>Lunch</b><br/>Sloppy Joe on Bun<br/>Tri-Tator<br/>Peas<br/>Mandarin Oranges<br/>Milk</p>               | <p><b>Breakfast</b><br/>Muffins<br/>Cereal<br/>Fruit<br/>Juice<br/>Milk</p>  | <p><b>Lunch</b><br/>Salisbury Steak<br/>Pasta Salad<br/>Savory Carrots<br/>Peaches<br/>Milk</p>            | <p><b>Breakfast</b><br/>Omelet<br/>Toast<br/>Fruit<br/>Juice<br/>Milk</p>                       | <p><b>Lunch</b><br/>Taco Salad w/<br/>Meat, Cheese,<br/>Lettuce, Salsa<br/>Mexicali Corn<br/>Pineapple<br/>Milk</p>   | <p>13</p>   | <p>14</p>   | <p>15</p> | <p>16</p> | <p>17</p> |
| <p><b>Breakfast</b><br/>Apple<br/>Turnover<br/>Fruit<br/>Juice<br/>Milk</p>           | <p><b>Lunch</b><br/>Scalloped Potatoes<br/>&amp; Ham<br/>Dinner Roll<br/>Carrots<br/>Mandarin Oranges<br/>Milk</p>          | <p><b>Breakfast</b><br/>Cereal<br/>Toast<br/>Fruit<br/>Juice<br/>Milk</p>    | <p><b>Lunch</b><br/>Chicken Party/Bun<br/>Corn<br/>Pears<br/>Milk</p>   | <p><b>Breakfast</b><br/>Long Johns<br/>Cereal<br/>Fruit<br/>Juice<br/>Milk</p>  | <p><b>Lunch</b><br/>Shrimp Poppers<br/>Au Gratin Potatoes<br/>Peas &amp; Carrots<br/>Applesauce<br/>Milk</p> | <p><b>Breakfast</b><br/>Breakfast<br/>Pizza<br/>Fruit<br/>Juice<br/>Milk</p> | <p><b>Lunch</b><br/>Hamburger on Bun<br/>Sweet Potato Fries<br/>Mixed Vegetables<br/>Apricots<br/>Milk</p> | <p><b>Breakfast</b><br/>Waffles<br/>Fruit<br/>Juice<br/>Milk</p>                                | <p><b>Lunch</b><br/>Macaroni &amp; Cheese<br/>Green Beans<br/>Peaches<br/>Cottage Cheese<br/>Milk</p>                 | <p>20</p>   | <p>21</p>   | <p>22</p> | <p>23</p> | <p>24</p> |



ASH WEDNESDAY

Menus subject to change due to shortages in shipping. Ketchup & mustard served when needed.

# Elementary students learn dances

The students at Sentral Elementary have recently been learning social and folk dances in a combined educational setting involving both the Music and Physical Education departments. They showcased the dances to the community on Friday, January 27 at the NSK-AR Boys and Girls Basketball games against Harris-Lake Park. The Kindergarten, 1st and 2nd Grades danced at half-time of the Girls Basketball game and the 3rd, 4th and 5th Grades danced at half-time of the Boys Basketball game. Congratulations on a job well done!



## Asbestos abatement notification

The Institute for Assessment was requested by the Sentral Community School District to review and prepare an asbestos management plan identifying the presence of asbestos within the District's school building. The Institute's federally certified inspectors, planners, public health and engineering consultants worked in conjunction with school administrative personnel to identify asbestos-containing building products. Asbestos is a mineral fiber associated with increased levels of disease when inhaled. The risk rating procedures which the Institute used in commenting on the asbestos were developed in conjunction with national experts in the area of industrial medicine toxicology, industrial hygiene and engineering. After reviewing the characteristics of the District's building, we prepared a management plan for the building, a

copy of which is maintained at the school office describing the asbestos plan and the intended response.

Asbestos is dangerous only when it is broken loose from building material into fine, dust-like fibers and inhaled. Assuming the District maintains its operations and maintenance procedures and, if asbestos is to be removed or abated, that such removal is done under carefully controlled conditions, the asbestos should not represent a detectable risk to any building occupant. The District implemented its management plan as of July 9, 1989, and has conducted periodic surveillances of all asbestos-containing building materials every six months after July 9, 1989. This periodic surveillance is conducted to provide a continuous assessment to assure safety conscious management of asbestos-containing materials.

*The Sentral Community School District does not discriminate on the basis of age, race, color, creed, national origin, religion, sex, marital status, sexual orientation, gender identity or disability in access to, or conduct of its education programs and activities and in its employment policies and practices.*

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